

Is your epilepsy medicine right for you?



If you are having break-through seizures or side effects from your medication, it may be a good time to discuss your treatment choice with your doctor.

Filling out a checklist such as this one may be the first step for you and your doctor to decide on the treatment options suitable for you.

Are you having any of these side effects?

Tick if you have felt or experienced any of these since your last appointment:

- | | |
|---|--|
| <input type="checkbox"/> Sleepiness | <input type="checkbox"/> Difficulty remembering |
| <input type="checkbox"/> Lack of energy | <input type="checkbox"/> Difficulty concentrating |
| <input type="checkbox"/> Headache | <input type="checkbox"/> Slowness of thought |
| <input type="checkbox"/> Irritability | <input type="checkbox"/> Forgetfulness |
| <input type="checkbox"/> Shaking | <input type="checkbox"/> Swollen gums |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Acne |
| <input type="checkbox"/> Unsteadiness | <input type="checkbox"/> Weight gain / Weight loss |
| <input type="checkbox"/> Double vision | <input type="checkbox"/> Dizziness |

Other side effects (Please state)

.....
.....
.....

Are you still having seizures?

NO

YES

How many seizures do you have?

per Day Month Year

Are you taking any of these?

Cholesterol medicine

Antidepressants

Birth control pills

Vitamins

Blood thinners

Herbal medicines

High blood pressure medicine

Off the shelf medicines (aspirin etc)

Other Medicines (Please state) _____

Talk to your healthcare professional if you checked any boxes on this card

It is important to inform your physician about any change in the seizures or side effects you experience and about the medicines you are taking to help decide if the epilepsy medicine you are taking is right for you. Ask your doctor to discuss the treatment options available to you. It's the first step to taking an active role in your epilepsy treatment.

